

Course Rating 67.4

Men's Yellow. (from 1 Apr 2024)

Par 70 Slope 127

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.4	+8	28.6 to 29.4	30
+4.3 to +3.5	+7	29.5 to 30.3	31
+3.4 to +2.6	+6	30.4 to 31.2	32
+2.5 to +1.7	+5	31.3 to 32.1	33
+1.6 to +0.9	+4	32.2 to 33.0	34
+0.8 to 0.0	+3	33.1 to 33.8	35
0.1 to 0.9	+2	33.9 to 34.7	36
1.0 to 1.8	+1	34.8 to 35.6	37
1.9 to 2.7	0	35.7 to 36.5	38
2.8 to 3.6	1	36.6 to 37.4	39
3.7 to 4.5	2	37.5 to 38.3	40
4.6 to 5.4	3	38.4 to 39.2	41
5.5 to 6.3	4	39.3 to 40.1	42
6.4 to 7.2	5	40.2 to 41.0	43
7.3 to 8.0	6	41.1 to 41.9	44
8.1 to 8.9	7	42.0 to 42.7	45
9.0 to 9.8	8	42.8 to 43.6	46
9.9 to 10.7	9	43.7 to 44.5	47
10.8 to 11.6	10	44.6 to 45.4	48
11.7 to 12.5	11	45.5 to 46.3	49
12.6 to 13.4	12	46.4 to 47.2	50
13.5 to 14.3	13	47.3 to 48.1	51
14.4 to 15.2	14	48.2 to 49.0	52
15.3 to 16.1	15	49.1 to 49.9	53
16.2 to 16.9	16	50.0 to 50.8	54
17.0 to 17.8	17	50.9 to 51.6	55
17.9 to 18.7	18	51.7 to 52.5	56
18.8 to 19.6	19	52.6 to 53.4	57
19.7 to 20.5	20	53.5 to 54.0	58
20.6 to 21.4	21		
21.5 to 22.3	22		
22.4 to 23.2	23		
23.3 to 24.1	24		
24.2 to 25.0	25		
25.1 to 25.8	26		
25.9 to 26.7	27		
26.8 to 27.6	28		
27.7 to 28.5	29		

INSTRUCTIONS

Find the range containing your Playing Handicap™ in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 100% handicap allowance.

Course Rating 68.8

Men's White. (from 1 Apr 2024)

Par 70 Slope 131

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.6	+7	27.4 to 28.2	31
+4.5 to +3.8	+6	28.3 to 29.0	32
+3.7 to +2.9	+5	29.1 to 29.9	33
+2.8 to +2.0	+4	30.0 to 30.7	34
+1.9 to +1.2	+3	30.8 to 31.6	35
+1.1 to +0.3	+2	31.7 to 32.5	36
+0.2 to 0.6	+1	32.6 to 33.3	37
0.7 to 1.4	0	33.4 to 34.2	38
1.5 to 2.3	1	34.3 to 35.1	39
2.4 to 3.1	2	35.2 to 35.9	40
3.2 to 4.0	3	36.0 to 36.8	41
4.1 to 4.9	4	36.9 to 37.6	42
5.0 to 5.7	5	37.7 to 38.5	43
5.8 to 6.6	6	38.6 to 39.4	44
6.7 to 7.5	7	39.5 to 40.2	45
7.6 to 8.3	8	40.3 to 41.1	46
8.4 to 9.2	9	41.2 to 42.0	47
9.3 to 10.0	10	42.1 to 42.8	48
10.1 to 10.9	11	42.9 to 43.7	49
11.0 to 11.8	12	43.8 to 44.5	50
11.9 to 12.6	13	44.6 to 45.4	51
12.7 to 13.5	14	45.5 to 46.3	52
13.6 to 14.4	15	46.4 to 47.1	53
14.5 to 15.2	16	47.2 to 48.0	54
15.3 to 16.1	17	48.1 to 48.9	55
16.2 to 16.9	18	49.0 to 49.7	56
17.0 to 17.8	19	49.8 to 50.6	57
17.9 to 18.7	20	50.7 to 51.4	58
18.8 to 19.5	21	51.5 to 52.3	59
19.6 to 20.4	22	52.4 to 53.2	60
20.5 to 21.3	23	53.3 to 54.0	61
21.4 to 22.1	24		
22.2 to 23.0	25		
23.1 to 23.8	26		
23.9 to 24.7	27		
24.8 to 25.6	28		
25.7 to 26.4	29		
26.5 to 27.3	30		

INSTRUCTIONS

Find the range containing your Playing Handicap™ in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 100% handicap allowance.

Course Rating 70.8

Women's Red. (from 1 Apr 2024)

Par 72 Slope 130

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.7	+7	27.6 to 28.4	31
+4.6 to +3.8	+6	28.5 to 29.2	32
+3.7 to +2.9	+5	29.3 to 30.1	33
+2.8 to +2.0	+4	30.2 to 31.0	34
+1.9 to +1.2	+3	31.1 to 31.9	35
+1.1 to +0.3	+2	32.0 to 32.7	36
+0.2 to 0.6	+1	32.8 to 33.6	37
0.7 to 1.4	0	33.7 to 34.5	38
1.5 to 2.3	1	34.6 to 35.3	39
2.4 to 3.2	2	35.4 to 36.2	40
3.3 to 4.0	3	36.3 to 37.1	41
4.1 to 4.9	4	37.2 to 37.9	42
5.0 to 5.8	5	38.0 to 38.8	43
5.9 to 6.6	6	38.9 to 39.7	44
6.7 to 7.5	7	39.8 to 40.5	45
7.6 to 8.4	8	40.6 to 41.4	46
8.5 to 9.3	9	41.5 to 42.3	47
9.4 to 10.1	10	42.4 to 43.2	48
10.2 to 11.0	11	43.3 to 44.0	49
11.1 to 11.9	12	44.1 to 44.9	50
12.0 to 12.7	13	45.0 to 45.8	51
12.8 to 13.6	14	45.9 to 46.6	52
13.7 to 14.5	15	46.7 to 47.5	53
14.6 to 15.3	16	47.6 to 48.4	54
15.4 to 16.2	17	48.5 to 49.2	55
16.3 to 17.1	18	49.3 to 50.1	56
17.2 to 17.9	19	50.2 to 51.0	57
18.0 to 18.8	20	51.1 to 51.8	58
18.9 to 19.7	21	51.9 to 52.7	59
19.8 to 20.6	22	52.8 to 53.6	60
20.7 to 21.4	23	53.7 to 54.0	61
21.5 to 22.3	24		
22.4 to 23.2	25		
23.3 to 24.0	26		
24.1 to 24.9	27		
25.0 to 25.8	28		
25.9 to 26.6	29		
26.7 to 27.5	30		

INSTRUCTIONS

Find the range containing your Playing Handicap™ in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 100% handicap allowance.